



Synergy

Wellness for Mind, Body, Soul & Skin

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Open 7 Days
By Appointment Only

Health Rebates and
Workcover Accredited
(Myotherapy and
Remedial Massage Only)

Tri Dasha Healing Clay Mask **90 - 120 Minutes**

This beautiful spa body treat is a fusion of the healing benefits of flower essence therapy, the finest aromatherapy oils and our unique Ayurvedic healing clays, all applied with the caring hands of your expert therapist.

Every treatment is unique, customized to match your lifestyle and skin needs.

The journey to calm and de-stress begins with gentle body exfoliation, using an exotic blend of your personal flower essence remedy and aromatherapy oils with refined sea salts.

Each body zone is then massaged with warmed Ayurvedic healing clays – Vata, Pitta or Kapha – restoring balance to the subtle energies of soul and skin.

As the mineral rich clays work to cleanse, regenerate and energise your skin, your indulgence in completed with a heavenly scalp massage.

The result is a powerful sense of healing, from the soles up, that delivers total well being and radiant, silky soft skin.

